

FRASER COAST RUNNERS AND WALKERS CLUB INC. PROGRAM 2019

3 February (no points)	SIGN ON DAY, RUN/WALK (Non-Competitive 5km Run & Walk/2km Little Dingoes) Meet at ULULAH LAGOON, Cheapside Street, MARYBOROUGH 6.00am Walkers/6.45am Runners/7.15am Junior 2km (Sign on from 5.30am) MEMBERSHIP FEES DUE BEFORE FIRST POINTS RACE (Points allocated from time of payment)
17 February (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
3 March (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
17 March (POINTS) (Random Draw)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
31 March (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
14 April (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
NOTE CHANGE OF TIMES	
28 April (no points) HERVEY BAY	RON BEATON PARK, Esplanade, HERVEY BAY – 15km/10km/5km, 2km Little Dingoes Non-Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
12 May (no points) (MOTHER'S DAY)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
19 May (no points) HERVEY BAY (Random Draw)	HALF MARATHON RUN, 15KM WALK, 5KM FUN RUN, JUNIOR (Under 12) 2KM DASH RON BEATON PARK, Esplanade, Shelly Beach, HERVEY BAY (Born 2007 & after) Sign-on from 5.45am Race Start: 6.15am for 15km Walk 6.45am for Half Marathon Run 7.00am for 10km Run 7.30am for 5km Fun Run 8.00am for Junior 2km Dash \$20 entry fee for HALF MARATHON RUN and 15KM WALK \$15 entry fee for 10KM RUN \$10 entry fee for 5KM FUN RUN \$5 entry fee for JUNIOR 2KM DASH
2 June (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
16 June (no points)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Non-competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
30 June (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
21 July (no points)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Non-competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
11 August (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
25 August (no points) (Random Draw)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Non-competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km
8 September (POINTS)	ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km

22 September (POINTS) ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes
Competitive 6.15am Walkers/7.00am Runners/7.30am Junior 2km

NOTE CHANGE OF TIMES

13 October (no points) MARYBOROUGH MASTERS GAMES – Ululah Lagoon – 5km/10km
Competitive Age Divisions from 30+
6.00am Walkers/6.45am Runners

Entry Fee \$12 for 10km Walk or Run; \$7 for 5km Walk or Run
Plus the Maryborough Masters Games Fee of \$3 (\$15 for 10km, \$10 for 5km)

27 October (POINTS) ULULAH LAGOON, Cheapside Street, MARYBOROUGH – 5km/10km, 2km Little Dingoes
Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km

10 November (POINTS) ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes
Competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km
ANNUAL GENERAL MEETING TO FOLLOW

1 December (no points) SWEATY SANTA FUN RUN AND WALK with BBQ to follow
Run/Walk in Santa/Christmas outfit - please bring a monetary donation, which will be
donated to a charity. (Charity decided on at the AGM on 10/11/19).
ULULAH LAGOON, Cheapside Street, MARYBOROUGH - 5km/10km, 2km Little Dingoes
Non-competitive 6.00am Walkers/6.45am Runners/7.15am Junior 2km

8 December Club Christmas Party and Championship Presentation
(Random Draw) TBA

ALL EVENTS ARE BEING HELD AT ULULAH LAGOON, MARYBOROUGH EXCEPT FOR THE 15klm AND HALF MARATHON
EVENTS WHICH WILL BE HELD FROM RON BEATON PARK AT HERVEY BAY.

POINTS: Points are allocated for events marked POINTS (Competitive) to **Members Only**, over the one distance
(5km or 10km), running or walking division (cannot be mixed) for males and females. In the junior 2km run, points
are allocated for boys and girls aged under 14 (Born 2006 and after) in U14, U12, U10 and U8 divisions, boys and
girls. *3 points for first, 2 points for second, 1 point for third plus one point for every Member who has attended an
allocated competitive event - from the time membership dues are paid. The best 6 competitive run/walk events over
the **one distance** in one category only is counted towards championship points for the Championship Trophies for
end of year presentation, out of a possible 12 competitive run/walks available to attend.*

Random draws are allocated 4 times throughout year. Morning tea at all events.

MEMBERSHIP FEES FOR 2019 – Adult \$40.00
Junior \$20.00 (15 and Under - Born 2004 and after)
Family (2 Adults/2 Children) \$100.00 (+ \$10.00 for each extra child)
Adult Visitor \$5.00
Junior Visitor \$2.00 (15 and Under - Born 2004 and after)

DIRECT DEBIT DETAILS - Westpac BSB: 034-128 ACCOUNT: 391130 REF: (NAME)

Fraser Coast Runners and Walkers Club Inc., P.O. Box 1234, Maryborough Qld 4650

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Event Organisers: Cathy Wood (0448 479 768), Barbara Morris (0438 215 416), Brian Walker (4121 6119)